



## General Audiences

You have the dream, now take action!!

That's phrase summarizes Tracy Ready's determination to inspire, motivate and equip people to create the life they want to live by first becoming emotionally whole. No matter what tragedy or triumph your life has encountered, she firmly believes that you are not an entitled victim of your circumstances but an heir to them. You're required to be a responsible steward over anything life has given you.

Tracy is an Emotional Wellness and Personal Development Thought Leader with a Master's degree in Marriage and Family Therapy and Bachelors in Business Administration. She is the Owner of The Tracy Ready Company, the Chief Heart Navigator of the H.E.R. Power Movement, the host of the upcoming YouTube show, EmpowHER Life Show and the Dean of the H.E.R. Power Academy which launches in Fall, 2016. She is also a published author of the book "From Heartbreak to Wholeness: Healed, Equipped and Renewed from the Inside Out" which is available on Amazon.

In her spare time, she enjoys cooking, photography and expressing her creativity through graphic design and website development.

Life will happen, but **living** is your choice!!

*Feel free to incorporate any of the following into the bio or introduction.*

## Credentials

- Masters in Marriage and Family Therapy
- Bachelors in Business Administration
- Life Strategist
- Emotional Wellness Expert
- Published Author
- Over 12 years Counseling Expertise
- Over 10 years as an Entrepreneur
- Workshop Facilitator, Career Coach, Academic Advisor, Event Manager & Planner