

# CREDENTIALS

- ♦ Masters Degree in Marriage & Family Therapy
- ♦ 13 years of Faith-Based Therapy & Coaching
- ♦ Emotional Wellness Curriculum Development
- ♦ Creator of over 10 Personality Assessments

- ♦ Emotional Wellness Speaker
- ♦ Healthy Manhood Champion
- ♦ Womanhood Healer
- ♦ Communication Advocate
- ♦ Workshop Facilitator
- ♦ Relationship Fixer
- ♦ Published Author

SERVICE

SPEAKER, THERAPIST & LIFE STRATEGIST

## *Emotional Processing*

FACILITATING EMOTIONAL WELLNESS  
DISCUSSIONS IN THE CHRISTIAN  
COMMUNITY

## *Bridging Relationships*

BUILDING A BRIDGE OF  
UNDERSTANDING BETWEEN  
MEN AND WOMEN

## *Healing & Wholeness*

IGNITING CONVERSATIONS THAT HEAL  
WOMANHOOD AND MANHOOD

## *Self-Awareness*

HELPING PEOPLE INCREASE  
SELF-AWARENESS AND RAISE THEIR  
EMOTIONAL QUOTIENT (E.Q.)

SPEAKING  
EXPERTISE



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