



- 15 years of Faith-Based Therapy & Coaching
 - Emotional Wellness Curriculum Development
 - Creator of over 10 Personality Assessments
 - Life Strategy
 - Healthy Manhood
 - Healed Womanhood
 - Hard Conversation Strategist
 - Speaker / Facilitator
- Dating/Relationship Coach
- Magazine Contributor & Book Author

SPEAKER | ADVOCATE | AUTHOR

SPEAKING TOPICS

#U1st

OPRAH ONCE SAID, "PLEASE BE RESPONSIBLE FOR THE ENERGY YOU BRING IN THIS ENVIRON-MENT." THIS TALK RAISES SELF AWARENESS AND HELPS PARTICIPANTS MANAGE THE ENERGY THEY CONTRIBUTE TO AN ENVIRONMENT..

Manhood Part 2

A 5-POINT PRESENTATION PROMOTING EMOTIONAL WELLNESS AND SELF CARE FOR MEN.

Balloon Logic

BEST SUITED FOR AUDIENCES BATTLING WITH EMOTIONAL BAGGAGE FROM BROKEN RELATION-SHIPS (BREAKUPS, DIVORCES, SITUATIONSHIPS, ETC). AUDIENCES LEAVE WITH SELF-CARE TOOLS.

Dating Masterclass

SPEND A SEMESTER IN A WEB-BASED COURSE DESIGNED TO HELP WOMEN REACCLAIMATE THEM-SELVES TO THE MODERN DAY DATING SCENE.







CLICK

